



Club rules. You must remember the following club rules when you come to train with us: Ask your parents to help you understand them.

- ❖ Kung Fu Kids must come to class on time or 5 minutes early. Please do not arrive late or you will not be allowed to join the class.
- ❖ **Parents:** Please do not drop and run! If your child is the 1st to arrive for class, a parent or guardian must accompany them into the academy. They will not be allowed to enter the academy unless there are other children present!
- ❖ There will be no toilet visits except during the class break (go before class!)
- ❖ If you need to leave class early your parents must speak to me or let me know by written letter
- ❖ Bring Water to class. No fizzy drinks or sweets are allowed inside the Kung Fu Hall
- ❖ Chewing gum is not allowed within the academy
- ❖ No jewellery, watches or any neck or wrist bands/chains etc.
- ❖ Switch all mobile phones and electronic equipment off before entering the Kung Fu Hall
- ❖ No rough play! Keep your hands and feet to yourself and always train and play safely
- ❖ Be respectful of all instructors, teaching assistants and all adults
- ❖ When your teacher is speaking, listen carefully, **do not talk at the same time**
- ❖ Be respectful of the Academy and all club equipment, do not touch anything without permission
- ❖ Be polite to all adults and children and always be kind and friendly to other people
- ❖ Do as you're asked the first time
- ❖ Bow as required. (You will be taught when to bow at class!)
- ❖ Wear your complete uniform at every class and test
 - ✓ Kung Fu Trousers or Plain Black tracksuit bottoms
 - ✓ Kung Fu 4 Kids Club Tee-shirt
 - ✓ Clean Runners
 - ✓ Sash (If you have earned a Sash, wear it!)
 - ✓ Safety equipment, bring your gum shield and any other Sanshou equipment to every class!

PS. THESE RULES APPLY TO ALL MEMBERS OF OUR ACADEMY!